



Family School Liaison Corner: 24 Hour resources

Alberta Mental Health Hotline:

1-877-303-2642

The Alberta Mental Health Hotline is a toll-free number you can call any time of day. They provide information about programs and services, referrals to other agencies, and crisis intervention.

Kids Help Phone: 1-800-668-6868

Kids help phone offers 24/7 support to any youth under the age of 20 who are struggling. In addition to their phone service they offer text services and online live chat.

Or Text "HOME" to 686868

This is a text support line that is offered by Kids Help Phone. This service is for anyone in crisis, including adults, and will connect you with a trained crisis counsellor.

Indigenous Mental Health Help:

1-855-242-3310

This hotline is powered by the Hope for Wellness. They

provide support and counselling in English and French as well as Cree, Ojibway, and Inuktitut on request.

AHS Addictions

Helpline:

1-866-332-2322

A toll free helpline for adults and youth who are dealing with addictions.



Student Council Backpack Program

Student council is doing the backpack program again. We launched on Wednesday, Nov 27 at the volleyball challenge between staff and volleyball players (students brought in 117 pairs of socks!). Then we will have the period 3 class competition for a pizza party. The class that collects the most points by December 13 will win the party the week of Dec 16-20.

Music Opportunities

On December 10, WCHS will host our annual Christmas Concert. On December 13, students will share the joy of music with local seniors. On January 13, there will be a choral workshop for the grade 9 and high school choir students to join with other choral students from the division in learning to improve their vocal skills. And finally, on January 22, WCHS will host the first WRPS Fine Arts Winter Celebration at which grade 7-12 art, drama and music students from around the division will put on an exhibition of their talents for the community to enjoy. We hope to see you all at these events to support our students and celebrate their efforts!

Office Hours - Quarter 2

There are Office Hours available at lunch in all four core subjects. Students, if you need help, check them out.

English - Room 205 - Mrs. LeGrow

Mathematics - Room 127 - Mr. Way

Science - Room 120 - Mrs. Jorgensen

Social Studies - Room 160 - Mr. McBride



Sabres Archery

Sabres Archery has started and it's not too late to join!! No experience needed, just an attitude to have fun.

For more information see Ms. Val Brandham in Student Services for sign up and an information package.

Cree Word of the Month

kôna ᑭᑦ ᓄᑦ ᓂᑦ

Must Reads

The Berry Pickers

by Amanda Peters



Contact/Follow Us

Email: wc@wrps11.ca

Phone: 780-352-2295

Text: 780-335-9965

Instagram: @wchigh

Website: wetaskiwincomp.ca

Facebook: [Wetaskiwin Composite High School](https://www.facebook.com/Wetaskiwin Composite High School)



What's Up in the Wahkohtowin Room?

November brought many wonderful opportunities for students with times of laughter and reflection starting with two presentations from Indigenous Student Recruiters from the U of A and the U of C. Lunch time hand games were enjoyed by a lot of students and led by Cody Crier and Princess Lightning. Drum group Crazy Bear performed an honour song at our Remembrance Day ceremony with Landon Crier-Buffalo dancing chicken and Aliyah Brown-Roan dancing fancy. Several students ended their week before Fall break by going to Ma-Me-O for a day of ceremony with Elder Ken Saddleback. - Latisha Dingman



December 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Beading w/Mrs. Dingman 3:30 pm	3 Student Council General Meeting 12:11 pm Sr Basketball Exhibition Game 6:00 pm	4 Christmas Spirit Day ELAA Post Secondary Event 9:30 am	5 Christmas Karaoke 12:11 pm Wrestling Tournament 6:30 pm	6 PLC Day - No School Wrestling Tournament 10:00 am	7 Gr 9 Basketball Tournament Sr Boys Basketball @ Bert Church 12:00 am Sr Girls BBall @ Sturgeon Comp Wrestling Tournament 8:00 am
8	9 Wreath Toss/Cookie Race 12:11 pm Beading w/Mrs. Dingman 3:30 pm	10 Candygrams 12:11 pm Student Council General Meeting 12:11 pm Tree For A Cause 12:11 pm WCHS Music Concert 6:30 pm	11 Candygrams 12:11 pm Tree for a Cause 12:11 pm	12 Sr Boys Basketball Tournament Candygrams 12:11 pm Tree for a Cause 12:11 pm	13 PJ Day and Hot Chocolate Sr Boys Basketball Tournament Sr Girls Basketball Tournament	14 Sr Boys Basketball Tournament Sr Girls Basketball Tournament
15	16 Christmas Movie 12:11 pm Beading w/Mrs. Dingman 3:30 pm	17 Cookie Decorating 12:11 pm Student Council General Meeting 12:11 pm SR Basketball AWAY 6:00 pm	18 Ornament Decorating 12:11 pm	19 Ugly Sweater Day	20 Fancy Friday Last day of classes before Winter Break	21
22	23 Christmas Break - No School	24 Christmas Break - No School	25 Christmas Christmas Break - No School	26 Christmas Break - No School	27 Christmas Break - No School 12:00 am	28
29	30 Christmas Break - No School	31 Christmas Break - No School New Year's Eve				

Subscribe to our Calendar!

A new feature is available on our calendar! You can subscribe to it or add it to your device's calendar/app. Click the link to get started: <https://www.wetaskiwincomp.ca/about/calendar>