



# Archery

WCHS participates in the National Archery in Schools Program (NASP). Students compete using NASP equipment, Mathews Genesis bows and specific arrows, to hone their shooting skills for competition in tournaments.

### Athletic Council

Student athletes meet once a month to plan and organize Senior Nights, Athletic Banquet, and fundraising events.

## **Badminton**

After practices and tryouts, our team is divided into categories at the junior, intermediate and senior levels. Tournaments take place at the Regional, Zone and Provincial levels.

### Basketball

WCHS Basketball includes junior and senior teams for both boys and girls. Our teams play in a competitive league and attend numerous tournaments.

## **Cross Country Running**

WCHS boasts provincial champions in this sport. The team competes in a number of local meets before competing at the zone and provincial levels.

## Curling

Our curling teams have opportunities to play in the Wetaskiwin Curling League as well as participate in high school bonspiels

#### Drama

Students are invited to participate in a wide variety of drama opportunities including acting, stage design, sound and lights, stage management and director or assistant director positions. Students are encouraged to participate in our yearly production and One Act Zone Festival.

### Football

Sabres football has a long and proud tradition. The season starts in August and runs through the end of October. In addition, there is a spring camp that runs mid-May to early June.

# Gender and Sexuality Alliance

GSAs promote welcoming, caring, respectful and safe schools for LGBTQ students and their allies. At WCHS, our GSA is run by students and supported by school staff who offer inclusive spaces and help to promote a healthy, respectful environment for all.

#### Girls' Fitness Club

Starting in the spring of 2025. After school workout group open to any girls.

#### Golf

WCHS is pleased to have reestablished the WCHS Golf Team. Our golf club starts meeting at the course in the spring and the junior and senior women and men's teams are selected in early September and compete in local zone tournaments.

#### Jazz Band / Jazz Cats

Jazz band is for those music students who want to challenge themselves and take their music to new "jazzier" levels. The jazz choir, called the Jazz Cats, is for vocal musicians to sing and scat jazz tunes.

## Band / Choral

Involvement in extra-curricular band and choir gives musicians an added challenge and extra opportunities to take center stage by participating in a series of local concerts. These groups may also compete on local, provincial, national or in-





# Rugby

WCHS is proud to once again offer rugby for both boys and girls. High school rugby is a full contact sport. Athletes are taught in a stage progression that leads up to full games in our Central Alberta League. The season runs from mid-February to Early June.

## Skills Canada

For students taking many of the CTS courses there maybe opportunity to take the new skills learned into competition with other students from around the province.

## **Student Council**

WCHS Student Council is a group of dedicated students from all grade levels who are interested in generating a high level of school spirit through extra-curricular activities within school. They provide a forum for student expression and leadership for all. Anyone interested in being a part of Student Council is welcome to attend the general meetings held in the Student Council Room.

### Track and Field

Track and field is a spring activity that challenges athletes in running, jumping and throwing events. Our team competes at a zone meet and zone medalists advance to provincial competition.

# Volleyball

WCHS offers junior and senior teams for both boys and girls. Our teams compete in the Central Alberta League from September through November and they attend numerous tournaments throughout Alberta.

## Weight Training

WCHS has a modern, fully equipped, weight and cardi workout center.

### Wrestling

WCHS wrestlers are zone and provincial champions on a regular basis. We have both girls and boys teams which travel throughout Alberta and Western Canada in preparation for the zone and provincial championships.

### Yearbook

Students are responsible for the creation and design of our yearbook. Journalism, photography, layout and design are just a few of the many skills learned.