

## CAREER & LIFE MANAGEMENT

### Career and Life Management (CALM 20)

3 credits

CALM 20 is a core course required of all Senior High Students for graduation. The program will provide students with opportunities to develop and practice life skills through learning experiences

General objectives for students will include the development of:

- » A positive self-concept and understanding of one's values and abilities
- » Independent personal management skills, including decision-making, effective communication skills and ability to deal with feelings
- » An awareness about career options and the relationship between occupational choices and lifestyles
- » An awareness of personal economics, including money management and consumer issues

### Special Projects 10-20-30

3 or 5 credits

This program is designed to allow students to engage in the in-depth study of an area or field, which is not provided for in the school program but is of specific interest to the student. Students, in consultation with school administration and a cooperating teacher, design their own program of study. Students may enter this program at the beginning of each semester. An organizational meeting is held within the first two weeks of each term.

### Work Experience 15-25-35

5 credits or 10 credits

Prerequisite:  
HCS 3000

Have you as a student ever considered that a part time job or volunteer work might assist you in earning your high school diploma?

Work experience provides an opportunity for students to discover career interests and aptitudes in real work situations. The Work Experience program recognizes there are many rich educational learning opportunities for young people that exist outside

the typical walls of a classroom environment, and seeks to connect young people to these learning situations.

Starting at the Grade 10 level, students can earn up to 30 credits in Work Experience and apply up to 15 of these credits towards their Grade 12 Diploma.

Almost all high school students will work at some point during their high school career. Why not explore these courses and make them part of your high school experience?

## THE REGISTERED APPRENTICESHIP PROGRAM

Prerequisite:  
HCS 3000

One does not need to look very far to see that skilled trades people are in high demand across Canada and certainly closer to home, within the province of Alberta.

RAP is an Alberta Education initiative that allows and promotes high school students to begin their apprenticeship training while completing their high school course work. Full-time high school students in Alberta can begin the program as early as grade 10 and can earn up to 40 credits towards their



high school diploma. Students interested in this area can select from more than 50 designated trades and occupations.

To participate in RAP means getting a head start in a career, learning valuable knowledge in a chosen trade and getting paid at the same time. At the completion of high school, RAP apprentices can apply for scholarships to assist them in completing their journeyman ticket. WCHS is pleased to provide this unique learning opportunity for students.

## GREEN CERTIFICATE PROGRAM

The Green Certificate Program is an industry driven agricultural training program. Its apprenticeship style of delivery ensures that participants learn through actively performing the skills required. The program provides:

- » Training tools such as curriculum and resources.
- » Complete course materials.
- » Provides Workers Compensation for trainees in the program

- » Certification testing programs to ensure maintenance of competency standards.

## LIFESAVING PROGRAM

This 3 credit course is geared towards motivated students who have the ambition and drive to complete the Bronze Medallion and Bronze Cross Programs. In co-operation with the Manluk Centre, WCHS is able to offer a unique program in which students will receive training for lifesaving skills.

Participants will learn how to safely tow and rescue victims in the water, how to care for conscious and unconscious victims and apply first-aid, both in aquatic and non-aquatics environments. This program will ready participants for the National Lifeguard Award certificate, an award required for employment at the Manluk Centre as a Lifeguard.

Attendance is mandatory in order to successfully complete the hands-on skills required. The training will involve in and out of water instruction. Completion of the course is based on

the evaluation and completion of all Alberta North West Territories Lifesaving Societies Standard.

This is a dual credit program where students can earn 3 credits for successful completion of the course in addition to receiving their certificate in the Bronze Medallion and Bronze Cross Programs. In order to keep costs to a minimal, there is also a volunteer component at the Manluk Centre where the student could additionally earn Work Experience credits.

**Students must be prepared to complete the entire program.**

## Learning Centre

WCHS has created a new classroom called the Learning Centre. Students can access most courses that Alberta Distance Learning Centre (ADLC) offers. Students can register through the Student Services Department and then begin their independent learning by working at their own pace, at home or in the Learning Centre classroom. Students can get assistance by phone, email or in person. All courses completed will count towards their High School Diploma.